

Reminder for parents

"Do you want your child to go to school with pleasure?"

- 1. Do not talk critically about school, and teachers in the presence of children.**
- 2. Do not rush to blame the teacher for the lack of an individual approach, think about the line of your own behavior.**
- 3. Remember how many times you sat with your child and watched him working on the lessons. Were there any cases when you noticed the wrong working methods in a child and showed him the right ones?**
- 4. In case of a conflict situation at school, try to eliminate it without discussing the details with the child.**
- 5. Make sure that your child goes to bed on time. A child who has not had enough sleep is not using his poten**

How to prevent child aggression

- 1. Do not give your child unrealistic promises, do not instill unrealistic hopes in him.**
- 2. Try to keep an atmosphere of openness and trust in your family.**
- 3. Do not put any requirements on the child.**
- 4. Be tactful in the manifestation of measures of influence on the child.**
- 5. Do not punish your child for everything you allow yourself to do.**
- 6. Do not change your requirements in relation to the child in favor of anything.**
- 7. Don't blackmail your child with your relationship with each other.**
- 8. Don't be afraid to share your feelings and weaknesses with your child.**
- 9. Do not make your relationship with your own child dependent on his academic success.**

How to support the self-confidence of the child?

- **Of course, support the child!**
- **Actively and interestedly listen to stories about his experiences and needs.**
- **Be with your child more often (play, read, walk, etc.)**
- **Do not interfere with those activities he copes himself.**
- **Help when he asks.**
- **Support every success.**
- **Share your feelings by showing trust in the child.**
- **Resolve conflicts constructively.**
- **Use friendly phrases and emphasize words in everyday communication.**
- **Hug your child at least four times a day.**